

## Newborn Health Visit

Date: \_\_\_\_\_

Baby's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

Mother's Name: \_\_\_\_\_

Baby's Doctor/Clinic: \_\_\_\_\_

Weight at Birth: \_\_\_\_\_ Length At Birth: \_\_\_\_\_

Gestational Age (#weeks): \_\_\_\_\_ ☐ Instructed Umbilical Care: \_\_\_\_\_

Length of Labor: \_\_\_\_\_ ☐ Vaginal ☐ C-Section \_\_\_\_\_

Did you have your baby in the Hospital: ☐ Yes ☐ No If No, Where: \_\_\_\_\_

☐ Incision Care: \_\_\_\_\_

Any problems at birth? ☐ Jaundice ☐ Apnea ☐ Infection ☐ Other: \_\_\_\_\_

Notes: \_\_\_\_\_

Are you: ☐ Breastfeeding ☐ Bottle Feeding How often: \_\_\_\_\_  
☐ At least 8-12/24 ☐ At least 14-31oz/24hrs

☐ Information Given for Storage/Handling Breast Milk Notes: \_\_\_\_\_

☐ Maternal Nutrition Discussed ☐ Continue PN Vitamins, Increase Fluids, Balanced Diet ☐ Handouts Given

Baby's Next Doctor Appt: \_\_\_\_\_ Mother's Next Doctor Appt: \_\_\_\_\_

Planned Method of BC: \_\_\_\_\_ Provided Health Education: ☐ Yes ☐ No

Do you have a car seat? ☐ Yes ☐ No

☐ Provided health education SIDS/Importance of Back Sleeping Notes: \_\_\_\_\_

Where does your baby sleep? \_\_ parents room \_\_ nursery \_\_ sibling's room \_\_ other: please indicate \_\_\_\_\_

☐ Provided health education post-partum depression/baby blues Notes: \_\_\_\_\_

☐ Provided information on when to call the Doctor Notes: \_\_\_\_\_

Do you have help/support easily available: ☐ Yes ☐ No Notes: \_\_\_\_\_

Are you currently using any medication (OTC, prescriptions, herbs, street drugs, alcohol)?

List: \_\_\_\_\_

Do you feel safe in your home? ☐ Yes ☐ No

Referrals/Concerns: \_\_\_\_\_

\_\_\_\_\_  
Designated Health Staff Signature

\_\_\_\_\_  
Date