

Nutrition Concern Form

(Hot Sheet)

CF/H-14d Revised 1/11

(mandatory)

The Nutrition Concern Form is utilized by the Head Start nurse when there is a documented or observed nutritional concern (i.e.: food allergies, low hemoglobin, over/underweight, food intolerance, swallowing problem, etc) and there is a need to refer the child to a dietician. Many concerns are often indicated on the Nutritional Assessment completed by the parent/guardian at time of enrollment. However, a Nutrition Concern Form can be completed at any time during the school year based on updated medical information, staff observations/concerns, parent request, etc.

The nurse will meet with the parent/guardian of the child to communicate the observed need for the referral and offer the services of a nutrition consult by a registered dietician. The parent/guardian may accept or refuse this service at any time. If the parent refuses, the nurse will document the refusal, but continue to work with the parent/guardian to provide education as needed. If the parent/guardian consents to a consultation, the parent/guardian will sign the Nutrition Concern form, authorizing staff to move forward with the consult. The white/yellow copies of the form will be forwarded to the dietician. The pink copy will remain in the child's health insert.

Once the dietician receives the request for consult, he/she will contact parent/guardian to make arrangements for a consult. If the consult is completed, the dietician will return the white copy of the form with the recommendations noted. If the parent/guardian refuses to meet with the dietician after attempts have been made by the dietician, the white copy of the form will be returned to the nurse to communicate engagement attempts. The white copy is then filed in child's health file.