

Health History and Nutrition Assessment

(Hot Sheet)

CF/H-3a Revised 1/17

(mandatory)

Head Start Program Performance Standards require that each child has a completed medical history and nutritional assessment. Designated staff shall assist the family in completing. New forms are to be completed annually. If a child is enrolled for a second year, new Health Histories and Nutritional Assessments are to be completed.

Health History/Nutrition Assessment:

- To be given to parent/guardian and completed within 30 days of enrollment.
- For Migrant Head Start Programs – Designated health staff will review the information on the completed form and sign and date the bottom of the last page indicating who and when reviewed the information. They will then make appropriate referrals or interventions as needed based on information collected on the form. The Grantee Health Services will give technical assistance/training as needed/requested to MHS delegate agencies.
- For programs receiving health services from the Grantee – Designated health staff shall review and sign the last page of the document indicating that all areas have been reviewed. Health staff shall make appropriate referrals/interventions as needed.
- For programs that have Registered Nurses, the TB Risk Assignment should be completed and additional screening referrals made as needed. For children with no risk factors, additional TB screening is not required.

All pertinent information shall be entered into appropriate electronic tracking data fields by designated staff.