

Area: Health Services

Subject: HS30 – Family Assistance with Nutrition

Reference: 1304.23 (d)

Policy: Parent education activities must include opportunities to assist individual families with food preparation and nutrition skills.

Procedure:

1. Parent-education activities at parent meetings will include guest speakers from local nutritional educational programs.
2. Information on nutrition shall be distributed to all parents monthly in newsletters.
3. Resource materials shall be available on-site.
4. Referral for nutritional assistance shall be made by Health Staff/Family Service Workers/Nutritionist as needed.

Supervised by: Registered Dietician, Director of Health Services, Delegate Health/Disabilities Coordinators

Performed by: Program Specialists – Food Service, Grantee/Delegate, Disabilities Coordinators, Health and Education Staff

Forms needed: Child Nutritional Concern, Physician Statement of Center (i.e.: Allergy Statement), IFSP, IEP, IHCP, Lesson Plans, Observation Records

Frequency: Within 30 days after initial screening assessment, throughout program year