Area: Health Services

Subject: HS34 – Parent Education – Mental Health

Reference: 1304.24 (a)(l)(i-vi)

Policy: The SCOE-contracted mental health professional will work collaboratively with parents about concerns regarding their child's mental health.

Procedure:
1. A Mental Health Screening will be completed on each child within 45 days for RHS and MHS of their enrollment by the teaching staff using the Ages & Stages Questionnaire Social/Emotional ASQ-SE. If there is a concern, the teaching staff can request an individual observation from the mental health professional by submitting a Referral for Child Success Team to the Disabilities Supervisor and having the parents fill out a Parent Consent form.
2. The mental health professional will do an individual observation on the child.
3. The mental health professional will consult with Head Start Teaching staff and demonstrate techniques that address behavior issues in the home environment.
4. The mental health professional will initiate an individualized child plan and provide appropriate referral(s) to county mental health services.
5. The mental health professional will monitor and assist with follow up services to children and families.
6. The mental health professional will be available to support families by providing parent education sessions at the center parent meetings addressing positive parenting skills, teach parents about child development and growth, and enhance parent's skills for accessing community resources that support family mental health.
7. The mental health professional shall document training services through training schedules, outlines of presentations with signed attendance records, and evaluations by the participants to the Disabilities Supervisor.

Supervised by: Disabilities Supervisor

Performed by: Head Start Teaching Staff, Mental Health Professional

Forms needed: Center Parent Meeting Agenda, Center Parent Meeting Minutes, Mental Health Individual Observations, ASQ-SE Results, CST Meeting Documentation

Frequency: Ongoing