

Area:	Mental Health
Subject:	MH06 – Parent Education – Mental Health
Reference:	1304.24 (a)(1)(i-iv) 1304.24 (a)(3) 1304.24(a)(3)(ii)
Policy:	Mental health professionals and staff will provide parents with knowledge of mental health topics, typical behavior and services available in their community in order to promote the mental health wellness of children and families.

Procedure:

1. Parents are surveyed to determine educational needs under mental health at the beginning of the program year.
2. Staff will work collaboratively by soliciting parental information, observations and concerns about their child's mental health through parent conferences, home visits, and other opportunities to support parent education.
3. Mental health professionals will be available to support families understanding of mental health issues by providing parent education to address the following topics: positive parenting skills, child development and growth, separation and attachment, recognizing and understanding their child's behavior as a response to a stressful situation, accessing community resources that support family mental health and parent selected topics.
4. Family Service Worker and Child Care Specialists will review parent surveys and work with staff to provide mental health topics at parent meetings and/or other events.
5. In addition the Disabilities Supervisor will work with mental health professionals to schedule additional parent education throughout the program year.
6. Parent education training will be documented through: calendar of parent meeting and training schedules, presentation hand-outs, signed attendance records and evaluations by the participants.

Supervised by:	Director II, MHS Program Coordinator
Performed by:	Child Care Specialist, Master Teacher, Family Service Worker, Disabilities Supervisor, Mental Health Professional
Forms needed:	Center Parent Meeting Agenda, Center Parent Meeting Minutes, Signed Attendance Record, Parent Education Evaluation Form
Frequency:	Ongoing