

Area:	Pregnant Women
Subject:	PW05 – Services to Pregnant Women
Reference:	1304.40 (c)(1-3)
Policy:	SCOE Head Start programs assist pregnant women in accessing comprehensive pre-natal and post-partum care, through referrals, immediately after enrollment in the program or as needed.

Procedure:

1. Through conversation during registration, center staff shall determine if pregnant women have access to a health care provider and prenatal services.
 - a. Document pertinent contacts on the Emergency Card, Family Portfolio, Family Partnership Agreement, or in COPA Case Notes.
 - b. Document any referrals on the Family Home Visit Plan and in COPA.
 - c. Notify nurse by COPA referral or SCOE email within one week of prenatal services start date.
 - i. Provide nurse with a copy of the Prenatal Emergency Card, Prenatal Health History, and Release of Information within one week of prenatal services start date.
2. If pregnant women or nursing mothers do not have access to a health care provider, staff shall provide the mother with resources and information on accessing care. Staff will assist with and/or provide mothers with information, education and resources to include but are not limited to the following:
 - a. Information from 211 in Stanislaus County and social services in other counties as applicable
 - b. Early and continuing risk assessment- nutritional status, nutritional counseling and food assistance if necessary
 - c. Medical and dental examinations as needed
 - d. Substance abuse counseling
 - e. Risks from smoking and alcohol use
 - f. Pre-natal education and fetal development, labor and delivery
 - g. Benefits of breast feeding
 - h. Postpartum recovery (including maternal depression)
 - i. Encouragement to keep appointments with health care providers during conversations
 - j. Bi-monthly home visits
 - k. Bi-monthly playgroups
3. Center staff must provide an available area for breast-feeding mothers who wish to breast-feed their child at the center.
4. Program staff will address and meet the unique needs of teen parents in providing program services.
 - a. Discuss and respect the teen parents' communication and confidentiality preference in regards to the teen's family members.
 - b. The teen parents will determine the level of involvement of other family members in planning and participating.
 - c. Staff will provide support to the teen to encourage her to continue her education including communication with the teen's school regarding the teen's

educational needs.

5. Planning for the transition of the infant into the chosen program option will be outlined on the Family Home Visit Plan and the Transition Tracking Sheet.

Supervised by: Home Based Supervisor

Performed by: Family Service Workers, Child Care Specialists, Home Visitors

Forms needed: Family Partnership Agreement, Family Contact Log, Family Portfolio, Social Service Referral, Contact Record

Frequency: During registration; Ongoing throughout the program year