

Head Start

DIAPERING PROCEDURE/GUIDANCE

WHY?

To prevent the spread of infectious diseases in the FCCH/School/Child Care setting.

WHEN?

Whenever changing a child's diaper or clothing due to soiling.

HOW?

- 1. Get prepared. Wash hands. Gather all diapering supplies so they are within reach.**
- 2. Cover the diapering surface with disposable paper.**
- 3. Put on two sets of disposable gloves. (Non-Latex Gloves)**
- 4. Place the child on the diapering table.**
- 5. Remove bottom clothes and any soiled clothing.**
- 6. ALWAYS KEEP ONE HAND ON THE CHILD.**
- 7. Unfasten the diaper and clean the child's diaper area.**
- 8. With the soiled diaper under the child, lift the child's legs to clean the child's bottom. Clean from front to back with a fresh wipe each time.**
- 9. Dispose of the diaper and soiled items. Put soiled wipes in the soiled diaper. Dispose of it in plastic-lined, hands free, covered can. Remove gloves and dispose of them in hands-free can. (Avoiding Cross Contamination)**
- 10. Using clean gloves (second set), put a clean diaper and dress child.**
- 11. Wash and dry the child's hands.**
- 12. Return the child to a supervised area away from the diapering table.**
- 13. Clean and disinfect the diaper changing surface. Apply EPA-registered disinfectant and use according to label instructions. (Leaving on required contact time)**
- 14. Wash your hands with soap and running water, and record the diaper change on diapering log.**
 - Include the time of diaper change and diaper contents.**
 - Note any problems such as skin redness, rashes, or loose stool in comment area.**