## DRDP (2015) Preschool Checklist by Measure

Please date checklist for each category: ✓	Exploring Later	Building Earlier	Building Middle	Building Later	Integration
PD-HLTH 1: Perceptual-Motor Skills and Movement Concepts	Follows safety rules with guidance	Asks for adult help for safety purposes	Waits in line for turn	Stay behind marked boundaries	Communicates classroom safety rules
☑ Date each one					
PD-HLTH 2: Gross Locomotor Movement Skills	Gets up from ground/floor on own	See ESI (hops)	Walks on Balance Beam	Hops on 1 foot	Changes direction while running
✓ Date each one		□			
PD-HLTH 3: Gross Motor Manipulative Skills	Raises arm to throw object	Kicks a ball	Uses 2 or more movements to complete task (runs up to ball and kicks it)	Hops on 1 foot	Changes direction while running
☑ Date each one		□			□
PD-HLTH 4: Fine Motor Manipulative Skills	Uses cup to drink	Scoops sand with scoop to container	Strings large beads	Takes cap off marker	Strings small beads
✓ Date each one		□			

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PD-HLTH 5: Safety	Follows safety rules with guidance	Asks for adult help for safety purposes	Waits in line for turn	Stay behind marked boundaries	Communicates classroom safety rules
☑ Date each one					
PD-HLTH 6: Personal Care: Hygiene	Communicate need for bathroom trip	Uses toilet with assistance	Uses toilet and flushes	Uses toilet following all steps without reminders	Completes all toileting steps on own
☑ Date each one					
PD-HLTH 7: Personal Care: Feeding	Drinks from cup	Uses fork		Stay behind marked boundaries	Spread item on bread
☑ Date each one		□			
PD-HLTH 8: Personal Care: Dressing	Gets dressed with assistance	Put on jacket with some assistance		Puts on socks and shoes (not tying)	Buttons jacket or zip and snaps pants.
☑ Date each one					

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PD-HLTH 9: Active Physical Play	See ESI (hops)	Joins in dancing	Rides on bike trail	Rides bike fast on trail	Initiates physical activities with peers
☑ Date each one					
PD-HLTH 10: Nutrition	Shows interest in a variety of foods	Recognizes or identifies a variety of foods	Demonstrates knowledge of the characteristics of a variety of foods	Shows awareness that some foods are more healthful than others	Communicates simple explanations about the healthfulness of different food choices
☑ Date each one					