

# School Readiness Family Activity Calendar #1 —Toddlers



Child's Name: \_\_\_\_\_

Site: \_\_\_\_\_

Month: \_\_\_\_\_































































Parent's Signature: \_\_\_\_\_

Staff's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Total: \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_



<p>Work on tossing and catching skills with your child. Toss it right to their hands.</p> <p> </p>	<p>Let your child play with an assortment of hats. Show them how to place the hat on their head and have your child look in the mirror.</p> <p> </p>	<p>You and your child point to objects and say their name out loud.</p> <p> </p>	<p>Throw a scarf into the air. As it floats back down, extend your arms to catch it. Let your child try to catch it.</p> <p> </p>	<p>Put squeezable items in the bathtub such as sponges or a squeeze bottle and let your child play with them.</p> <p> </p>	<p>Sit and tell your child a story about your childhood.</p> <p> </p>	<p>Practice draw circles in a variety of sizes and decorate them.</p> <p> </p>
<p>Practice body parts with your child by pointing to a body part and saying the name. Touch the same body part on your child.</p> <p> </p>	<p>Play a game of rolling a ball/object with your child.</p> <p> </p>	<p>Make a picture book with your child of familiar people or animals.</p> <p> </p>	<p>While at the grocery store point out pictures and cans or boxes to your child. Show her foods she eats and drinks at home. Talk about fruits and vegetables.</p> <p> </p>	<p>Blow bubbles and chase them around the yard.</p> <p> </p>	<p>Make a mountain out of pillows or couch cushions and let your child climb them.</p> <p> </p>	<p>Take your child outside to walk barefoot on the grass. Talk about what the grass feels like.</p> <p> </p>
<p>Help your child serve himself at mealtime. Encourage him to feed himself using his utensils.</p> <p> </p>	<p>Practice making animal sounds with your child and see how many he knows.</p> <p> </p>	<p>Play a rain making game in the bathtub by punching holes in a plastic bottle and giving it to your child. Show him how to fill the bottle with water and then hold it up to make it rain.</p> <p> </p>	<p>Have your child help you with laundry by pulling out all of the socks. See if she is able to match any.</p> <p> </p>	<p>Have your child help you prepare a meal by getting the items you name and bringing them to you.</p> <p> </p>	<p>Put dump and pour toys like cups and bowls in the bath and let your child play.</p> <p> </p>	<p>Play a game of hide and seek with your child.</p> <p> </p>
<p>Practice kicking a ball. How far can you make the ball go?</p> <p> </p>	<p>While listening to music, dance with your child.</p> <p> </p>	<p>Create ramps out of books, blocks, or boxes to roll balls/cars down.</p> <p> </p>	<p>Practice cleaning up with your child. Have them try to put their toys away.</p> <p> </p>	<p>Have your child help you water plants or trees outside.</p> <p> </p>	<p>Copy each other feelings game - make different faces to represent feelings. Ex: happy, sad, mad, etc. Have your child copy you and discuss the feelings.</p> <p> </p>	<p>Take a nature walk around your neighborhood. Stop at interesting things. Let your child touch leaves or trees.</p> <p> </p>
<p>Fill up a cup with ice cubes. While your child is in the bathtub drop an ice cube in and see if your child can pick it up with another cup or his hands.</p> <p> </p>	<p>Sing songs with your child and practice hand motions.</p> <p> </p>	<p>Practice bouncing a ball and count how many times you can make a ball bounce.</p> <p> </p>				

Please circle book if you read to your child for 15 minutes and circle triangle if you completed suggested 15 minute activity

# School Readiness Family Activity Calendar #2 —Toddlers



Child's Name: \_\_\_\_\_

Site: \_\_\_\_\_

Month: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

Staff's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Total: \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_



<p>Take your child to the grocery store and talk about the fruits and vegetables. Examples: names, shapes and colors.</p> <p> </p>	<p>Take your child outside and talk about any animals you see.</p> <p> </p>	<p>Set up a bowling game in which your child tries to knock down empty food boxes with a ball.</p> <p> </p>	<p>Sing a familiar song with you child and add some action by tapping and clapping.</p> <p> </p>	<p>Put squeezable items in the bathtub such as sponges or a squeeze bottle and let your child play with them.</p> <p> </p>	<p>Sit and tell your child a story about your childhood.</p> <p> </p>	<p>Practice making animal sounds with your child and see how many he knows.</p> <p> </p>
<p>When eating with your child, introduce new vocabulary words. Example: food name, texture and appearance.</p> <p> </p>	<p>Allow your child to choose his or her favorite book and read it together.</p> <p> </p>	<p>Play a different character: a favorite person in a story your child loves, an animal, or pretending to do things adults do (going to work, driving, etc.)</p> <p> </p>	<p>Ask your child to help you match his or her socks.</p> <p> </p>	<p>Blow bubbles and chase them around the yard.</p> <p> </p>	<p>Ask your child to help you set the table for mealtime.</p> <p> </p>	<p>While reading, ask open-ended questions. Example: What do you think is going to happen next?</p> <p> </p>
<p>Play your child's favorite song and dance to the rhythm of the music.</p> <p> </p>	<p>Take a magazine picture and cut it into different forms. Ask your child to help you put it back together.</p> <p> </p>	<p>Practice body parts with your child by pointing to a body part and saying the name. Touch the same body part on your child.</p> <p> </p>	<p>Practice bouncing a ball and count how many times you can make a ball bounce.</p> <p> </p>	<p>Place a familiar toy inside a paper bag. Without your child looking, ask him to place a hand inside the bag and guess what it is.</p> <p> </p>	<p>Put dump and pour toys like cups and bowls in the bath and let your child play.</p> <p> </p>	<p>Play a game of hide and seek with your child.</p> <p> </p>
<p>Ask your child to match the color of his or her clothes with items in the home.</p> <p> </p>	<p>Outside or inside, jog in place, run, stretch the arms, crawl, and just have fun with your child.</p> <p> </p>	<p>Teach your child words that are not the same. Example: hot and cold, full and empty, happy and sad, etc.</p> <p> </p>	<p>Make a mountain out of pillows or couch cushions and let your child climb them.</p> <p> </p>	<p>Go outside with your child and look at the sky. Talk about the weather and ask questions like "Do you think it is going to rain?"</p> <p> </p>	<p>Using several items in the house, compare the sizes. Examples: shoes, spoons, clothes, boxes, etc.</p> <p> </p>	<p>Practice shapes with your child. Teach your child the names. Examples: square, circle, triangle and rectangle.</p> <p> </p>
<p>Help your child serve himself at mealtime. Encourage him to feed himself using his utensils.</p> <p> </p>	<p>Draw shapes for your child and ask them to color them. Ask your child to name the shape as they are coloring.</p> <p> </p>	<p>Ask your child to help you in the kitchen. Examples: beat, mix, give you some utensils, set up the table, wash dishes, etc.</p> <p> </p>				

Please circle book if you read to your child for 15 minutes and circle triangle if you completed suggested 15 minute activity

# School Readiness Family Activity Calendar #3 —Toddlers

Child's Name: \_\_\_\_\_

Site: \_\_\_\_\_

Month: \_\_\_\_\_































































Parent's Signature: \_\_\_\_\_

Staff's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Total: \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_



<p>Give your child three simple directions and ask him/her to follow them. Example: pick up the toy, put it on top of the table, bring me the book, etc.</p> <p> </p>	<p>Play your child's favorite song and dance with your child.</p> <p> </p>	<p>Make a simple sentence and ask your child to repeat it. Example: I love you, let's go out, I like to play, etc.</p> <p> </p>	<p>Choose a color and walk around the house looking for items with that color and place them inside a box or basket. Say the color when the item is found.</p> <p> </p>	<p>Get two clear plastic cups and fill one of them with more water than the other. Ask your child which one has more and which one has less.</p> <p> </p>	<p>After grocery shopping, ask your child to help you sort the cans and boxes.</p> <p> </p>	<p>Look through photos with your child and tell stories about your pictures.</p> <p> </p>
<p>Blow bubbles outside with your child.</p> <p> </p>	<p>Gather several household items and sort them by color with your child.</p> <p> </p>	<p>Read a book together that you both like.</p> <p> </p>	<p>Count your fingers and toes together.</p> <p> </p>	<p>Dress up and play pretend with your child.</p> <p> </p>	<p>Practice stacking with your child. Example: Boxes, cans, bowls, etc.</p> <p> </p>	<p>Have a picnic outside with your child.</p> <p> </p>
<p>Go for a walk outside with your child and talk about what you see.</p> <p> </p>	<p>Spend time talking on a play phone with your child.</p> <p> </p>	<p>Play pat-a-cake with your child.</p> <p> </p>	<p>During snack time, count the number of items your child is eating out loud.</p> <p> </p>	<p>Using this calendar, point to and count aloud the number of days left on this calendar.</p> <p> </p>	<p>While reading, ask open-ended questions. Example: What do you think is going to happen next?</p> <p> </p>	<p>Play a game of hide and seek with your child.</p> <p> </p>
<p>When eating with your child, introduce new vocabulary words. Example: food name, texture and appearance.</p> <p> </p>	<p>Using several items in the house, compare the sizes. Examples: shoes, spoons, clothes, boxes, etc.</p> <p> </p>	<p>Teach your child words that are not the same. Example: hot and cold, full and empty, happy and sad, etc.</p> <p> </p>	<p>Play your child's favorite song and dance to the rhythm of the music.</p> <p> </p>	<p>Put dump and pour toys like cups and bowls in the bath and let your child play.</p> <p> </p>	<p>Practice body parts with your child by pointing to a body part and saying the name. Touch the same body part on your child.</p> <p> </p>	<p>Outside or inside, jog in place, run, stretch the arms, crawl, and just have fun with your child.</p> <p> </p>
<p>Allow your child to choose his or her favorite book and read it together.</p> <p> </p>	<p>Set up a bowling game in which your child tries to knock down empty food boxes with a ball.</p> <p> </p>	<p>Take your child outside and talk about any animals you see.</p> <p> </p>				

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