

# School Readiness Family Activity Calendar - Balls



Child's Name: \_\_\_\_\_

Site: \_\_\_\_\_

Month: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_







































































Class: \_\_\_\_\_

Teacher Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Total: \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_



	Sun Physical Development and Health	Mon Social Emotional Development	Tue Approaches to Learning	Wed Language and Literacy	Thu Language and Literacy	Fri Cognitive and General Knowledge	Sat Cognitive and General Knowledge
Week One	Work on tossing and catching skills with your child. Try to toss it right to their hands.  	Have your child help you create a list of rules for playing with balls at the house.  	Ask your child what they know about balls. Write down his or her responses.  	While reading a story, have your child point out letters he or she recognizes.  	Find items in your home that start with the letter "b."  	Using the balls you have at home, try arranging them from largest to smallest.  	Gather a few different balls. Encourage your child to examine how they look and feel. Then have them describe what they notice.  
Week Two	Count how many times you can make a ball bounce.  	Play a game of bouncy ball with a family member. Let your child be the leader.  	Make a list of different games to play with a ball. Play some together.  	Clap out the syllables of each family member's name.  	Create a list of words that rhyme with ball.  	Have your child make predictions about which ball will bounce the highest. Go outside and test the prediction.  	Using pieces of string, measure around a variety of balls. Which one is the largest?  
Week Three	Body ball roll - work on rolling the ball around your whole body and different body parts.  	Talk about your child's strengths and abilities. Write them down and save your list.  	Think of different ways to move a ball from one place to another. Test your ideas.  	Rhyming game - say 2 words and have your child put their thumbs up if they rhyme and their thumbs down if they don't.  	Have your child practice name writing. Make a "model" card and let your child copy it.  	What's missing? Gather a group of 3 to 4 balls and take turns hiding one at a time. Have your child figure out which one is missing.  	Play a game of "I Spy," focusing on things that are round.  
Week Four	Practice kicking a ball. How far can you make the ball go?  	Using the list of strengths from last week, create a poster together. Add drawings, words, etc.  	Create ramps out of books, blocks, or boxes to roll balls down. Have your child create the ramps.  	Read a familiar story. When finished, ask your child to draw a picture of what happened.  	Make a book by using paper, markers, pencils, and other supplies.  	Draw different shapes on a piece of paper. Have your child help describe them and then draw them.  	Body patterns - create simple patterns. Ex: clap hands, touch thigh, clap hands, touch thigh. Name the actions as you do them. Invite your child to follow along. Also, take turns leading.  
Week Five	Blow bubbles and chase them around the yard.  	Copy each other feelings game - make different faces to represent feelings. Ex: happy, sad, mad, etc. Have your child copy you and discuss the feelings.  	Draw circles in a variety of sizes and decorate.  	Make a list of games you can play with a ball.  	Roll a ball to your child and say a word. Have your child say a word that rhymes with it and roll it back.  	Play sink or float - make predictions about which balls will sink and which ones will float. Test your ideas.  	Cut out pictures of balls or circles from old magazines and newspapers. Talk about the pictures.  

Please circle book if you read to your child for 15 minutes and circle triangle if you completed suggested activity 15 minute activity

Based on the Head Start Child Development & Early Learning Framework