

School Readiness Family Activity Calendar - Beginning of School Year



Child's Name: _____

Site: _____

Month: _____

Parent's Signature: _____











































Class: _____

Teacher Signature: _____

Date: _____

Total: _____ + _____ = _____



	Sun Physical Development and Health	Mon Social Emotional Development	Tue Approaches to Learning	Wed Language and Literacy	Thu Language and Literacy	Fri Cognitive and General Knowledge	Sat Cognitive and General Knowledge
Week One	Let's go silly walking! Walk all around your home acting out different emotions. Can you walk happy, sad, shy and angry?  	Look through a family album and ask, "What can you tell me about the picture?" Ask your child to name people in it.  	Encourage your child to draw a picture and ask, "What can you tell me about your picture?"  	Read "A Pocket for Corduroy" by Dan Freeman. Talk about how Corduroy feels in the story.  	Sing Humpty Dumpty. Discuss how the name Humpty Dumpty is an interesting name. Encourage your child to learn the names of the other child in his or her class.  	Have your child help with laundry. Children learn how to group things together when they notice if something is the same or different. Then sort shirts by color.  	During a trip to the post office, have your child identify the numbers on various post office boxes.  
Week Two	Make a play date with a friend or family member at the park.  	Invite your child to draw or write about their feelings.  	Give your child a pair of scissors. Help your child grip the scissors while a piece of paper is cut.  	Write your child's name on a piece of paper and practice identifying the letters.  	Read "Wemberly Worried" by Kevin Henkes.  	Cut out giant cutouts of numbers 1 through 10. Have your child use clothespins to place according to the number on the table. Ex: 5 = 5 clothespins.  	Plan a visit to the local library. Check out books about new friends.  
Week Three	Challenge your child to hop on one foot. See who can hop the longest.  	Tell your child 4 things that you love about him or her. Write them on a sheet of paper and give it to your child to keep.  	Boil spaghetti. Take out spaghetti and let it soak in food coloring. Then let your child cut spaghetti for as long as it interests them.  	Make it a point to look and talk about your child's classroom rules at pick up or drop off.  	Read "Penny Butter Fudge" by Toni Morrison. Ask questions about the story.  	Melt ice cubes in the sun and talk about it. Ex: are they hot, cold, soft, hard, wet, dry, etc.?  	Take a handful of cheerios and count them with your child.  

Please circle book if you read to your child for 15 minutes and circle triangle if you completed suggested activity 15 minute activity

Based on the Head Start Child Development & Early Learning Framework

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














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Week Four	Take a walk along the neighborhood and talk about safety rules when on the street. 	While your child brushes their teeth, have them show you various emotions at the bathroom mirror. 	Place a paper that fits inside a coffee can. Then place an orange inside the can with finger paint and close. Roll the can back and forth with your child. You now have a painting! 	Have your child help you put away the dishes and talk about where they belong. 	Sing "Old MacDonald Had A Farm." Use pots, pans, and spoons as you sing. 	Have your child help you set the table. Count the plates, cups, etc. 	Take a walk to the park and talk about what you see. 
Week Five	Use instant pudding or shaving cream and spread it on a table. Use your fingers to write letters of the alphabet. 	Flowers made from colored paper can make a paper tree. Have your child name and write ways he or she can be nice to people. 	Use props for dramatic play. Have your child pretend to be the school nurse today. 	Have your child talk about all the different people that work at his or her school site. What are their jobs? 	Read "The Gingerbread Man" by Bonnie Dobkin. 	Compare the taste of green grapes vs. red grapes. Invite a friend to join your child to be a color scientist. Guide by taking turns. 	Gather various items for your child to count from 1 to 10. Ex: 5 blocks, 6 balls, 7 crayons, 8 spoons, 9 clothespins and 10 strawberries. 
Week Six	Have your child tear paper into an empty 2-liter bottle. It's a great way to practice fine motor skills. 	Use a large box filled with about 2 inches of shredded paper with small toys mixed in. Place 2 children in the box for "sand" play. Mix in various digging utensils. 	Use every day routines to teach the meaning of action words. Tell your child what you or other family members are doing during daily activities. 	What do you like to do with your friends? Provide sticky notes for your child to draw on. 	Read "Crazy Pizza Day" by Bonnie Dobkin. 	Many patterns can be found in fabric used to create clothing. Stripes, prints, and plaids often repeat themselves, providing many opportunities for identifying patterns as you go through your day. 	Write the numbers 1 through 10 on strips of paper. Each number should be on its own strip of paper. Give the stack of numbers to your child. Have your child place different objects according to the number on the strip. 