

# School Readiness Family Activity Calendar - Clothes



Child's Name: \_\_\_\_\_

Site: \_\_\_\_\_

Month: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_











































Class: \_\_\_\_\_

Teacher Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Total: \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_



	Sun Physical Development and Health	Mon Social Emotional Development	Tue Approaches to Learning	Wed Language and Literacy	Thu Language and Literacy	Fri Cognitive and General Knowledge	Sat Cognitive and General Knowledge
Week One	<p>Look through old magazines and cut out pictures of different clothing items.</p>  	<p>Look through old family photos. What is everyone wearing?</p>  	<p>Let your child play dress-up in your closet. Have them help hang things back up when done.</p>  	<p>Read a book about clothes. Discuss the clothes you see.</p>  	<p>What letters do you see on your clothes? Point out different letters and words.</p>  	<p>Go around the house and count all the shoes you can find. Who has the most shoes in your house?</p>  	<p>Have your child help you sort laundry together. Ask your child to help describe the clothes. While you talk, ask questions like "how are the clothes alike" and "how are they different?"</p>  
Week Two	<p>Teach your child how to fold laundry. Then have them help you put it away.</p>  	<p>Join your child in drawing self-portraits. Have them look in the mirror and draw themselves.</p>  	<p>Join your child in drawing self-portraits. Have them look in the mirror and draw themselves.</p>  	<p>Add washcloths, sponges, and soap to bath time to let your child wash themselves.</p>  	<p>Look at the tags inside your clothes. Try writing some of the letters that you see.</p>  	<p>Make a pattern with your clothes. Ex: shoe, sock, shoe, sock; mitten, hat, mitten, hat. Have your child pick the items to make a pattern with.</p>  	<p>Play a game of "I wear this when..." Have your child tell you what kinds of clothes they need to wear for different situations. Ex: when it's cold; going to the pool; going to sleep.</p>  
Week Three	<p>String cereal or noodles together to make a necklace.</p>  	<p>Play a game of follow the leader. Have your child take turns being the leader.</p>  	<p>Draw a picture and design a piece of clothing.</p>  	<p>Make a list of all the different kinds of clothing items you can think of.</p>  	<p>Go to the library and find a book about making clothes. Read it together and discuss what you learned.</p>  	<p>Draw a simple pattern on paper. Have your child copy it. Then let your child create their own pattern.</p>  	<p>Use a measuring tape to measure a variety of pieces of clothing. How long are your pants, your shoes, etc.?</p>  

Please circle book if you read to your child for 15 minutes and circle triangle if you completed suggested activity 15 minute activity  
Based on the Head Start Child Development & Early Learning Framework

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Parent's Signature: \_\_\_\_\_











































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	Sun Physical Development and Health	Mon Social Emotional Development	Tue Approaches to Learning	Wed Language and Literacy	Thu Language and Literacy	Fri Cognitive and General Knowledge	Sat Cognitive and General Knowledge
Week Four	<p>Give your child a piece of paper with holes punched in it. Use a shoelace to string through the holes to pretend you are sewing.</p>  	<p>Using socks on your hands, have a puppet show together describing different feelings.</p>  	<p>Have your child create a "silly" outfit by pairing different items together. Try them on and look in the mirror to see the silly creations.</p>  	<p>Play "I spy" with clothing items. Ex: "I spy something you wear when it's raining."</p>  	<p>Say a word and have your child say a word that goes with it. Ex: sock, shoe; coat, hat</p>  	<p>Compare and discuss the different textures of your clothes. Which items are soft? Which are hard? Have them name the texture - smooth, scratchy, etc.</p>  	<p>Gather shirts from different members of your family. Arrange the shirts from smallest to largest.</p>  
Week Five	<p>Take a laundry basket and practice throwing rolled up socks into it. Try throwing from different distances.</p>  	<p>Draw a picture of your favorite outfit. Describe why you like it.</p>  	<p>Practice hanging up clothes on hangers or with clothespins.</p>  	<p>Go to a clothing store. Look for letters and words that your child recognizes.</p>  	<p>"I'm thinking of..." Give clues about a clothing item and see if your child can guess what it is. Ex: "It starts with 'h,' you wear it on your head. <u>A hat</u>"</p>  	<p>Find different shirts with buttons on them. Count the buttons. Which shirt has the most buttons? Which shirt has the least?</p>  	<p>What's missing? Gather 5 items of clothing. Take turns hiding one item and see if your child can guess which item is missing.</p>  
Week Six	<p>Using a shirt with buttons, help your child button and un-button the shirt.</p>  	<p>Play a game of pretend. Pretend to be mom or dad.</p>  	<p>Have your child help you sort the clothes before putting them away. Sort the clothes by size, color, or type of clothing.</p>  	<p>Make a list of items people wear to different jobs. Ex: a firefighter wears...; a chef wears...</p>  	<p>Read a book about jobs. What kinds of clothes are they wearing?</p>  	<p>Play rhyming games. You say a word and have your child think of a word that rhymes with it. Ex: hat, mat; hen, pen.</p>  	<p>Take a walk and discuss the different clothing you see people wearing.</p>  

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